

Your Three Week Menu

Monday Tuesday  Wednesday  Thursday  Friday 

WEEK ONE

<p>Beef/Veggie Burger in a Bun with Potato Wedges and Baked Beans or Seasonal Vegetables</p>	<p>Spaghetti Bolognese/Vegetarian Bolognese with Garlic Bread and Seasonal Vegetables</p>	<p>Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy</p>	<p>Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables</p>	<p>MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans</p>
<p>Filled Jacket Potato with a Selection of Fillings Served with Salad</p>	<p>Filled Jacket Potato with a Selection of Fillings Served with Salad</p>	<p>Filled Jacket Potato with a Selection of Fillings Served with Salad</p>	<p>Filled Jacket Potato with a Selection of Fillings Served with Salad</p>	<p>Filled Jacket Potato with a Selection of Fillings Served with Salad</p>
<p>Fruit Crumble and Custard</p>	<p>Chocolate Crunch and a Fruit Wedge</p>	<p>Iced Sponge Cake</p>	<p>Cheese & Crackers</p>	<p>Shortbread Finger and Fruit Wedge</p>

WEEK TWO

<p>Pork/Quorn Sausage and Bacon, Scrambled Egg, Hash Browns and Baked Beans</p>	<p>Ham, Sweetcorn and Cheese/Vegetarian Pasta Bake with Crusty Bread and Seasonal Vegetables</p>	<p>Roast of the Day/Quorn Fillet with Roast/Mashed Potatoes, Seasonal Vegetables and Gravy</p>	<p>Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables</p>	<p>Cheese & Tomato Pizza Chips and Garden Peas or Baked Beans</p>
<p>Filled Jacket Potato with a Selection of Fillings Served with Salad</p>	<p>Deli Option Choice of Breads and a Selection of Fillings Served with Salad</p>	<p>Filled Jacket Potato with a Selection of Fillings Served with Salad</p>	<p>Deli Option Choice of Breads and a Selection of Fillings Served with Salad</p>	<p>Filled Jacket Potato with a Selection of Fillings Served with Salad</p>
<p>Sticky Toffee Pudding and Custard</p>	<p>Chocolate Muffin and a Fruit Wedge</p>	<p>Fruit Jelly and Fruit Wedge</p>	<p>Cheese & Crackers</p>	<p>Victoria Slice and Fruit Wedge</p>

WEEK THREE

<p>Beef/Veggie Meatballs and Spaghetti in Herb and Tomato Sauce with Garlic Bread and Seasonal Vegetables</p>	<p>Cheese and Ham/Vegetarian Pinwheel with Potato Wedges and Seasonal Vegetables</p>	<p>Homemade Steak/Vegetarian Pie with Mashed Potatoes, Seasonal Vegetables and Gravy</p>	<p>Chicken/Vegetarian Curry with Rice, Naan Bread with Seasonal Vegetables</p>	<p>MSC Fish, Chips and Garden Peas/Mushy Peas or Baked Beans</p>
<p>Cheese and Bacon Slice Served with Baked Beans or Seasonal Vegetables</p>	<p>Ham Ploughman's Served with Salad</p>	<p>Ham, Leek and Potato Bake Seasonal Vegetables</p>	<p>Mac 'n' Cheese Served with Seasonal Vegetables</p>	<p>Omelette with Crusty Bread Served with Salad</p>
<p>Apple Pie and Custard</p>	<p>Chocolate Crispy Cake and a Fruit Wedge</p>	<p>Mousse</p>	<p>Cheese & Crackers</p>	<p>Ginger Biscuit and Fruit Wedge</p>

Available every day – Unlimited salad, fresh fruit platter, fresh bread, organic yoghurt, milk and chilled water

For allergen information, please ask one of our Catering Team

