

# We are the Children & Young Peoples (CYP) Out of Hours Advice Line

Our aim is to provide access to a mental health service for children & young people, their families and concerned professionals outside of the usual business hours



All the clinicians you speak to will be trained in different backgrounds and will have experience and knowledge of a range of mental health difficulties

We offer telephone advice and support to young people, parents/carers and adults who work with children who have a concerns about the mental health of a young person. We can offer advice and support over the phone, as well as sending out resources and signposting to services. We can also process referrals to Child & Adolescent Mental Health Services (CAMHS) if appropriate.

visit mymind  
[www.mymind.org.uk](http://www.mymind.org.uk)



5pm - 10pm Mon to Fri  
12pm - 8pm Weekends  
**01244 397644**



...and worried how to start a conversation with us? ....try these...



For other outside of hours support contact the out of hours GP service  
See the helplines in our resource pack on the MyMind website



Are you struggling with...



This leaflet is available in other languages or formats

D-00HALC-18-782

# Advice Line Children & Young People

Wirral & Cheshire Wide

visit mymind  
[www.mymind.org.uk](http://www.mymind.org.uk)



If you are concerned about the immediate safety of your child please take them to your local A&E department



5pm - 10pm Mon to Fri  
12pm - 8pm Weekends  
**01244 397644**

