



TERMS OF USE



This resource is **copyright ©ELSA Support**

All free products on this site are subject to a **Creative Commons copyright licence**. You are free to copy, distribute, display, and perform the work under the following conditions:

Attribution: You must give the original author credit (**That is ©ELSA Support**)

Non-Commercial: You may **not** use this work for commercial purposes (**You cannot sell this work or use it for financial gain**)

No Derivative Works: You may **not** alter, transform, or build upon this work (**You must not change our work in anyway**)

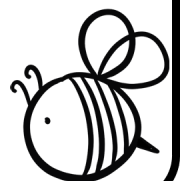
**Thank you for abiding by
copyright law.**



www.elsa-support.co.uk



Some of the clipart used in making this resource is licensed to us from the following:

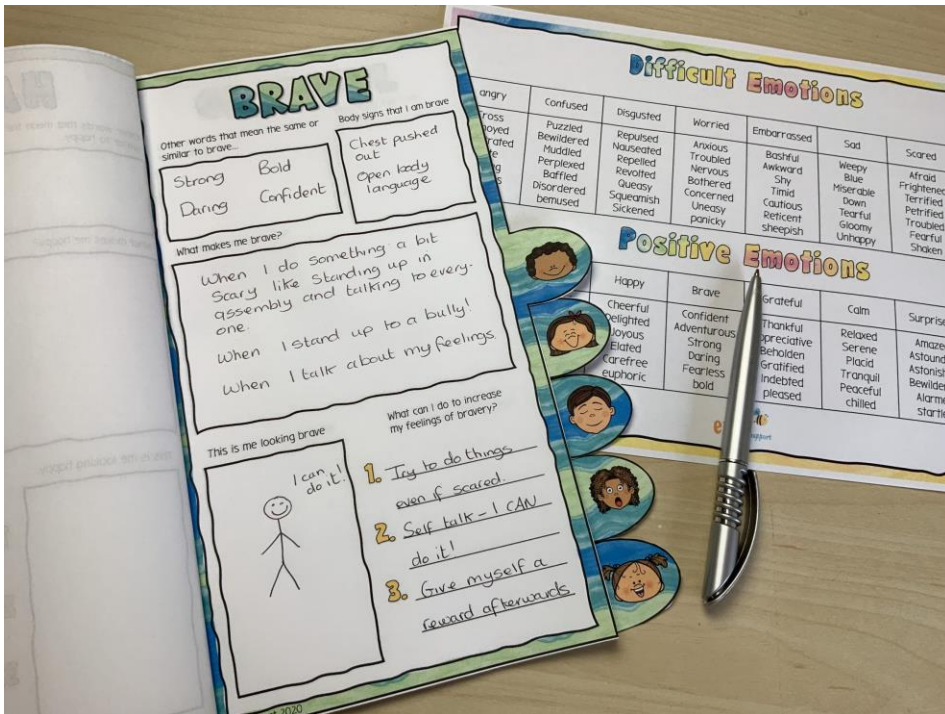




Other resources you will LOVE!



Please click the image to take you to this related and relevant resource:



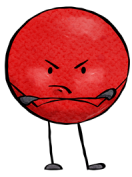
www.elsa-support.co.uk



My Feelings

Blank space for writing or drawing.





angry



sad



disgusted

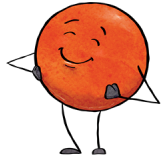


scared

Monday



happy



proud



worried



calm

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?						

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?						

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?						



angry



sad



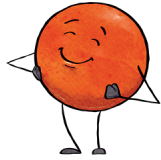
disgusted



scared



happy



proud



worried



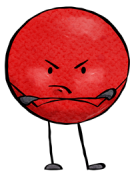
calm

Tuesday

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?P						

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?P						

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?P						



angry



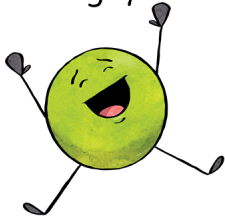
sad



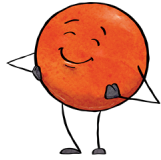
disgusted



scared



happy



proud



worried



calm

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?P						

Wednesday

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?P						

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?P						



angry



sad



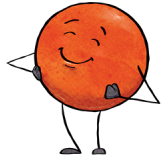
disgusted



scared



happy



proud



worried



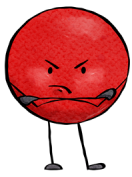
calm

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?						

Thursday

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?						

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?						



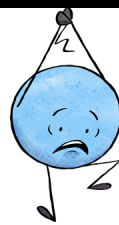
angry



sad



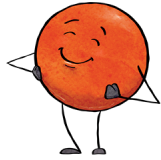
disgusted



scared



happy



proud



worried

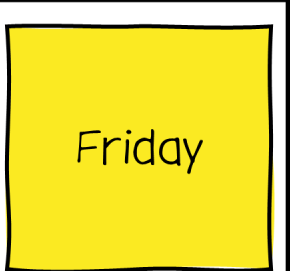


calm

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?P						

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?P						

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?P						





angry



sad



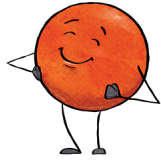
disgusted



scared



happy



proud



worried



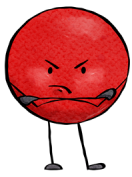
calm

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?P						

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?P						

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?P						





angry



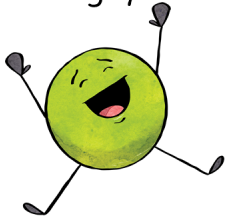
sad



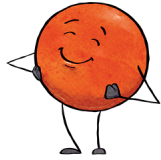
disgusted



scared



happy



proud



worried



calm

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?						

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?						

Time	Emotion	Reason				
1	2	3	4	5		
How big is your emotion?						

©Eisa-Support 2020

